



# **RAMA DEVI WOMEN'S UNIVERSITY**

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## **3.6.1: Extension activities in the neighbourhood community in terms of impact and sensitizing students to social issues and holistic development during the last five years**

### **IMPACT REPORT-4**

#### **AWARENESS ON MENSTRUAL HEALTH and HYGIENE**

The Community Connect Cell organized an awareness programme on “Menstrual Health and Hygiene” in Maa Mangala Slum, Unit-9, Bhubaneswar on 22 July 2023. The Menstrual Health and Hygiene Awareness Programme was a comprehensive initiative designed to break the silence surrounding menstruation, educate women and girls about menstrual health, and ensure their access to proper menstrual hygiene products. This program was aimed to empower women with knowledge, allowing them to manage their menstruation with dignity and confidence. For this purpose, a street play had been organized to develop the awareness among the slum dwelling adolescent girls. The student member performed the street play, highlighting various issues regarding reproductive health. They also emphasized on how to lead a safe and secured menstrual health status among the female members of the households. The strides are being made toward improving menstrual hygiene practices, reducing stigmas, and enhancing overall well-being for women and girls. Moreover, a detailed information and awareness was imparted on various sexually transmitted diseases such as HIV/AIDS. After the end of the street play, a group discussion on the issues related to reproductive health was organized, where more than 50 women had participated. Dr. Aliva Mohanty, the OIC, Community Connect Cell, concluded the meeting by encouraging women, especially young girl, to stand up for their reproductive healthcare rights. Dr Sonali Mohapatra delivered the vote of thanks to all the participants.



Awareness Programme on “Menstrual Health and Hygiene” at Maa Mangala Slum, Bhubaneswar



Students performing street play and distribution of sanitary pads at Maa Mangala Slum, Bhubaneswar