



INTERNAL QUALITY ASSURANCE CELL
Rama Devi Women's University, Vidya Vihar, Bhubaneswar,
Odisha-751022, Ph. No. 0674-2542644,

E-mail: igac@rdwu.ac.in Website www.rdwuniversity.nic.in

1-**Event:** Exposure Visit

2-**Title of the Event:** Exposure visit to NRC, Bhubaneswar

3-**Date & duration:** 19.02.2024, 1 day

4- **Objective /Motivation of the Event-**The purpose of this visit was to evaluate the effectiveness of the Nutrition Rehabilitation Centre (NRC) in addressing malnutrition and to understand the processes and programs in place to support individuals, especially children, in their recovery.

5-**Theme of the Event-** Exposure Visit

6.**Funding Agency(If Any)-**Nil

i- Funds Received(In Rs):Rs .Nil

7-**Technical Session (Details)-**1

i-No of Technical sessions conducted: 1

ii-Title of the Technical sessions- Sever Acute Malnutrition children management in NRC Sishubhawan, Capital Hospital

iii- Chairperson of technical session: Nil

8- **Resource persons :** NRC Nutrition Counselor

9. **Participants Details (Indicate Numbers only and attach attendance sheet)**

i- Stafs: 4

ii-Ph.D Scholar:Nil

iii- Students:23

a-UG-Nil

b-PG-23

10- **Outcomes of the event:-**

Students able to Overview of the Centre

- **Establishment:** The NRC was established in [Year], aiming to combat malnutrition through comprehensive nutritional, medical, and psychological interventions.
- **Capacity:** The center has a capacity of 15 beds.
- **Staff:** The facility is staffed by a multidisciplinary team, including nutritionists, doctors, nurses, cook cum attendant, social workers, and community health workers.

They gain experience through Facility Tour and Observations

- **Infrastructure:** The NRC is equipped with essential facilities including a medical ward, nutritional assessment area, kitchen, and educational rooms. The environment is clean, well-organized, and child-friendly.
- **Medical Ward:** The ward is designed to accommodate both inpatient and outpatient care. It includes monitoring equipment and emergency care facilities.
- **Nutritional Assessment Area:** This area is used for evaluating patients' nutritional status using various diagnostic tools.
- **Kitchen:** The kitchen prepares specially designed therapeutic foods and meals tailored to the needs of the patients.

Students were also got awareness on different Programs and Services offered by NRC

- **Nutritional Therapy:** Patients receive tailored nutritional plans based on their specific needs. Therapeutic foods are provided to address deficiencies and support recovery.
- **Medical Care:** The center offers comprehensive medical care including vaccinations, treatment for infections, and management of underlying health conditions.
- **Psychosocial Support:** Psychological counseling and family education sessions are conducted to address mental health issues and to empower families with knowledge to support recovery.
- **Community Outreach:** The NRC engages in community outreach programs to educate local populations about malnutrition prevention and healthy eating practices.

11- Recommendations (if any):

- **Enhanced Funding:** Securing additional funding could help expand the facility's capacity and improve resource availability.
- **Staff Training:** Ongoing training for staff could enhance the quality of care and address emerging challenges in nutrition and healthcare.
- **Strengthening Partnerships:** Collaborating with local organizations and international agencies could provide additional support and resources.

12 Selected Photographs (5only)

