

## RAMA DEVI WOMEN'S UNIVERSITY

# Vidya Vihar, Bhubaneswar-751022 OFFICE OF THE DIRECTOR, IQAC

# SEMINARS/CONFERENCES/WORKSHOPS/WEBINARS CONDUCTED BY DEPARTMENT OF PHILOSOPHY

1. Event: Seminar

2. Title of the Event : One day Lecture Programme on the occasion of International Yoga Day 2023

**3. Date & Duration:** 10 June, 2023 (01 day)

4. Objective/Motivation of the Event:

The word Yoga is derived from the root, 'Yuj' which means union. When sustained as a holistic practice, Yoga unites the body, mind, and spirit and helps each individual experience much-needed peace and harmony within and without! "Yoga is acknowledging the unity of the individual self with the universal self," stated Sri Sri Ravi Shankar, renowned Peace Ambassador and Founder of the Art of Living Foundation, in his address to the European Parliament on the Second International Day of Yoga in 2016. This 5000-year-old Indian body of knowledge of personal transformation has found new recognition in the modern era for its health and therapeutic benefits, as documented by various scientific studies. Yoga means balance, harmony and unity, universal balance, harmony of body, mind and soul and Unity of the individual consciousness with the cosmic consciousness.

#### Theme of the Event:

- Yoga for World Peace
- Yoga for maintaining Homeostasis
- 5. Funding Agency: Indian Council of Philosophical Research (ICPR), New Delhi.
  - i. Funds Received (In Rs.): Rs. 30,000/-
- 6. Technical Session (Details)
  - i. No. of Technical sessions conducted: 02 (Two)
  - ii. Title of the Technical sessions:
  - 1. Session I: Yoga for World Peace
  - 2. Session II: Yoga for maintaining Homeostasis
  - iii. Chairperson of the technical session:

Session Chair: Prof. Chandi Charan Rath, Chairman, P. G. Council, RDWU.

#### 7. Resource persons (Details):

Sl. No.	Name	Designation	Affiliation/ Institute	Specialization	Title of the Talk
1	Prof. A. K. Mohanty	Professor of Philosophy	Central University of Tripura, Tripura	Ethics, Applied Ethics, Indian Philosophy etc.	Yoga for World Peace

2	Dr. S. K. Kar	Associate Professor of Philosophy	Utkal University, BBSR	Ethics, Indian Philosophy, Indian Ethics etc.	Yoga for maintaining Homeostasis	

#### 8. Participants Details (Indicate Numbers only and attach attendance sheet)

i. Faculty: 14

ii. Ph. D. Scholar: 04

iii. Students: 154

a. UG: 120

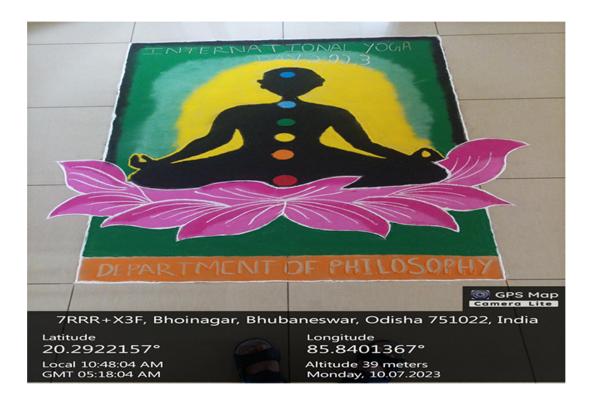
b. PG: 34

#### 9. Outcomes of the Event:

The programme provided an excellent opportunity for students to develop a holistic understanding of Philosophy and its various branches. The students also were very much encouraged to develop research interest regarding the practice of Yoga.

## 10. Recommendations (if any):

## 11. Selected Photographs: Enclosed





The Resource Person felicitating CPGC Sir



The Resource Person Prof. A. K. Mohanty, Central University of Tripura delivering his talk entitled "Yoga for World Peace"



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	104	Radwika Samal	8984220451	R. Samal
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123	Alisha Das	9938282050	A. Das
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126	Bansha Nayak	7377612732	B. Wayok
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137	Raja priya Singh	9861221052	R. Singlu
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139	Priya Swain	8650225023	P. Swain
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